

## MONDAY MEETINGS

### **7:15pm Poole Letting Go**

The Spire, High Street, Poole,  
BH15 1DF  
(1 hour meeting)  
Closed meeting  
Chit Registered

### **7:45pm Poole Brixey Road**

Our Lady of Fatima Church  
35 Brixey Road, Poole, BH12 3PB  
Closed meeting

### **7.45pm Ferndown Monday AA**

Ferndown Village Hall, Church Road, BH22  
9ET  
First Monday of the month open, remaining  
are closed  
Chit Registered



## TUESDAY MEETINGS

### **7.30pm 'As Bill Sees It'**

Parkstone United Reform Church  
16 Commercial Rd, Poole, BH14 0JW  
Closed meeting  
Chit Registered

### **7.45pm Broadstone Recovery**

St Anthony's Church, 135 York Road,  
Broadstone, BH18 8ER  
Wheelchair access  
First Tuesday of the month open,  
remaining are closed  
Chit Registered

## WEDNESDAY MEETINGS

### **7.45pm Poole Canford Cliffs**

The Church of The Transfiguration,  
Chaddesley Glen, Poole,  
BH13 7PF  
Closed meeting

## THURSDAY MEETINGS

### **7.30pm Thursday Night St Aldhelm's**

St Aldhelm's Church  
St Aldhelm's Rd  
Branksome  
BH13 6BT  
(Doors open at  
7pm) Open meeting  
Chit Registered

### **7.00pm AA Bearwood Thursday Night Meeting**

The Lounge  
Bearwood Community  
Centre King John Avenue  
Bearwood  
Bournemouth  
BH11 9TF

## FRIDAY MEETINGS

### **12pm Upton Lunch**

St Dunstan's Church Hall  
2 Poole Road, Upton  
Poole  
BH16 5JA

## FRIDAY MEETINGS

### **7.00pm Westbourne Big Book Step**

Our Lady Immaculate Church Hall  
33 Seamoor Road, Westbourne  
BH4 9AE  
Closed meeting  
1 hour meeting

### **7.30pm Poole One Day at a Time**

Parkstone United Reform Church  
16 Commercial Rd, Poole, BH14 0JW  
White door at side of building  
Closed meeting  
Chit Registered

## SATURDAY MEETINGS

### **10.30am Westbourne Big Book Discussion**

St John's Church, Surrey Road  
Westbourne, BH12 1EG  
(Doors open at 10am)  
Open Meeting  
Chit Registered

### **7.00pm Wimborne Group Meeting**

Wimborne Methodist Church,  
4A King Street BH21 1DY

#### **No dogs except assistance dogs**

Open Meeting - All welcome  
Chit Registered

## SUNDAY MEETINGS

### **5.45pm Poole Skinner Street "There is a Solution"**

United Reformed Church, Skinner Street,  
BH15 1RQ  
Closed meeting

*Closed Meetings are intended for alcoholics  
and for those with an alcohol problem who  
have a desire to stop drinking.*

*Meetings are closed unless marked as open.*

*Open Meetings are intended for alcoholics  
and non-alcoholics e.g., family, friends and  
anyone interested in AA.*



***Visit Poole & District AA Website for  
downloadable meetings list and more  
at: [www.poole-districtaa.co.uk](http://www.poole-districtaa.co.uk)***

***Please email any meeting updates to:  
[ecomm.poole@aamail.org](mailto:ecomm.poole@aamail.org)***



**Alcoholics Anonymous  
Where to find**

**2026**

**Poole and District Intergroup**

**Do you have a drinking problem and  
want to stop?**

Call the AA helpline:  
01202 296000 or  
0800 9177 650

Email: [help@aamail.org](mailto:help@aamail.org)